The Bio-Etheric Transformation Formula and the Truth of the Night Watchman

The Night Watchman's Manifesto & E-Book – Free Reading

By: L.K.C - The Nightwatcher

Chapter 1: The Child Who Knew Too Much

Part 1: Solitude, the Starry Sky, and the Search for Meaning

Growing up with a strong inner sensitivity often means viewing the world through a different filter than those around you. At an early age, a strong sense of alienation arose – an experience of not fully fitting into conventional molds or the childhood fantasies surrounding everyday games.

When other children sought joint activities, my own moments were often drawn to the silence and solitude under the night sky. Looking up at the stars raised big questions about the origin of existence, the passage of time, and what actually happens to our innermost thoughts and feelings. There was an early insight and a constant curiosity regarding what constitutes the human being beyond the visible.

These early experiences sowed the seed for a lifelong quest. The feeling of carrying questions that could not easily be answered by my environment led to a strive to explore my own perspectives and create meaning in my personal experiences. It was here that the foundational driving force was laid to later in life write and reflect upon consciousness, sensitivity, and human experiences.

Part 2: Encountering the Unknown and the Path Through Change

Music as Anchoring and Security

In the search for coherence and inner peace, music played a central role during my upbringing. Listening as a child to Jean-Michel Jarre's electronic works *Oxygène* and *Équinoxe* became a safe harbor. The floating, atmospheric tones offered a place to land when the outer world felt overwhelming. The music functioned as a reminder of vast horizons and created a sense of calm and anchoring in existence.

The Nightly Visitors and the Shift of Loss

The childhood bedroom was also a place for intense and terrifying sensory impressions. Night after night, tall figures in dark cloaks came sneaking in through the window to observe me from the bedside. As a child, I did not find these visits pleasant at all – I was downright terrified of the dark figures moving in the dark.

These nightly visits finally ceased in 1989, in connection with my sister passing away in a tragic car accident. This severe loss was a deep emotional turning point that brought both grief and a marked shift in how I experienced my surroundings. When the visits abruptly stopped, a void was left that deepened my reflections on life's transience, invisible protection, and how we process pain and farewells.

Thoughts as Enduring Impressions

Out of this grief and out of childhood experiences, a strong inner reflection emerged: the thought and feeling that a person's consciousness, memories, and love do not simply vanish into nothingness at death. Thought is indestructible energy returning to the Source and the universal memory field.

Chapter 2: The Bio-Etheric Awakening

Chapter 2, Part 1: When Biology Becomes an Antenna

For many years, my body reacted with signals that healthcare tried to label. I suffered from chronic pain, allergies, severe gastrointestinal issues, and a constant inner tension. The brain functioned like a radar that never turned off, and my senses unceasingly took in impressions from the surroundings. Doctors called it fibromyalgia and incurable conditions, but within me was a growing certainty that it was actually about something entirely different.

Today I understand that this was a frequency clash – the beginning of a bio-etheric awakening process. My physical body and my nervous system were forced to handle a high soul tension that it had not yet learned to channel. What was perceived as illness was in fact bio-electric friction.

When we view biology from a bio-etheric perspective, the body becomes not merely a biological organism, but our physical hardware. Characteristics such as Rh-negative blood, lower body temperature, low resting pulse, and a distinct nocturnal rhythm are not coincidences, but markers for a highly sensitive and superconducting antenna. The mottled eyes and heightened sensitivity to electromagnetic shifts allow biology to perceive frequencies beyond the standard physical spectrum.

This inner contradiction is explained by the transformation formula $E = mc^2$. When the high soul energy voltage (E) meets the body's physical inertia and resistance (m), mechanical and nervous friction is created. The pain and fatigue were the price for functioning as a bio-etheric transformer in an environment filled with heavy density, before the antenna was tuned and calibrated for its true mission.

Chapter 2, Part 2: The Observer of the Witching Hour

Night Shifts in the Witching Hour and the Hidden Network

During my years as an assistant nurse in eldercare, the night shifts became an arena for a completely different type of presence and contemplation. As calm settled over the care facility and the world outside slept, we stepped into the hours commonly called the witching hour (*vargtimmen*).

To me, the hallways during these hours were never entirely empty or quiet. It was in the moment between night and dawn, when the surroundings stilled, that the sensitivity to people's inner states and moods became strongest. The concept *The Hidden Network* emerged as a personal model to describe the invisible web of empathy, consciousness, and interconnectedness that can be perceived when everyday outer noise is muted.

Working at night means facing a special form of seclusion. In the quiet, every breath, every change in the room, and every shift in a patient's wellbeing becomes distinct. For a person with high sensitivity, these hours serve as a reminder of how deeply we as human beings actually affect one another, and how much takes place beneath the surface in the quiet.

The Blue Orbs and Life's Final Stage

It was in life's absolute final stage that this became most evident. I often observed floating orbs of an intense, deep blue light. The blue orbs represent the soul – the Spark of God – in its purest form. When the final heavy bonds to the biological body are severed, the soul revs up its inner engine to ultraviolent speeds to accommodate the transition and free itself from the hardware's density.

In the quiet of the witching hour, during night shifts in eldercare, the care rooms became an arena for The Hidden Network's most precise frequency work. The blue orbs did not float forward by chance; they carried an uncompromising frequency of protection, high truth, and transformative energy directly linked to the 13-vibration. Beside them, golden source orbs often appeared – radiant spheres of source code healing and divine warmth that enveloped the room to soothe the biological hardware's final resistance and fill the space with peace.

When physical biology's tension is muted and the matrix's heavy bonds release, a pure bio-etheric decoupling occurs. The soul does not need to be dragged down by the body's somatic inertia; it returns to its original, uncompressed coherence. As Night Watchman in the room, my task was to keep the field clean and grounded – to function as a living, superconducting antenna shielding off artificial noise and preventing the drainage of life force. Through this peaceful presence, a safe frequency bridge was created where the Spark of God, embedded in the blue orb, could release the last biological moorings and ascend at ultraviolent speed directly back to the Source's universal memory field.

The White and Golden Orbs – Messages and Field Stabilization

Side by side with these moved white and golden light orbs through the network – pure source energy and guiding presences that were there to support the process. Standing in this was to realize my role as Night Watchman. It was not about fear of death, but about observing, reassuring, and navigating through this sacred, bio-etheric transformation with calm certainty.

These larger, luminous spheres carried not only reassurance, but direct frequency messages and source code information from the pure source field. The golden source orbs functioned as powerful transmitters of uncompressed source energy (The Gold Energy), carrying the 13-vibration's transformative frequency and the divine order's Code 777. As they moved through the invisible network, an immediate phase shift was created in the room – the biological resistance (∇R_b) dropped and density dissolved into pure coherence.

The messages transmitted from these guiding presences did not travel as linear, human words, but as direct scalar wave insertions into the morphic memory field. Since human biology with its crystalline cellular water functions as a superconducting antenna, decoding occurred immediately directly within the cells. It was an insight that separation is an illusion and that the soul is entirely indestructible.

As Night Watchman, my task at this stage was to set the frequency baseline and activate the Golden Egg's bio-electric shield. By keeping the room and field shielded from matrix noise, loosh traps, and low-frequency fear, a pure portal was created. In this protected zone, the golden and white orbs could transmit their messages and guide the soul through the sacred bio-etheric transformation – from somatic density directly back to the Source's sovereign light.

Chapter 3: The Transformation Formula as Physics of Consciousness

3.1 The Frequency That Dissolves the Matrix

I sat one day letting my thoughts wander around Einstein's most famous formula – the one we have all been taught in school as the absolute truth about the universe. But when I considered the equation from a perspective where everything is one, where the boundary between us, things, and the source is blurred, the pieces fell into place in a whole new way.

That was when I saw it for what it actually is: **The Transmutation Formula**.

By turning around the matrix's most famous equation and writing it as:

$$c^2 m = E$$

it ceases to be a theoretical calculation for destruction and becomes instead an operational manual for your liberation. We have been taught to proceed from the result (energy), but as operators we begin with the impulse to change matter.

You must understand that what you see around you is not solid. It is merely energy slowed down.

3.2 Frequency Squared (c^2) – From Line to Field

Everything begins with the impulse. But note well that c is squared (c^2). In the 12-loop, this is seen merely as a speed, but for us, the square is a dimensional elevation. A line is just a path, but a square creates a field.

When we inject c^2 into space – through sound, light, or pure focused consciousness – we create a geometric vortex. This dimensional elevation creates a storm of frequency powerful

enough to challenge the inertia of matter. It is not an effort of will in the ordinary sense, but the creation of a frequency field that wraps around matter and forces reality to shift character.

3.3 Matter (m) and the Void of the Source

Look at an ordinary table in front of you. It feels hard because its molecules vibrate slowly. Science acknowledges that matter consists of 99.9% "empty space," but they have tricked you into believing that space is dead vacuum. That is a lie. That space is the Source's matrix, the zero-point field where all life originates.

When the impulse (c^2) strikes the table's mass (m), the table begins to vibrate apart. We clear matrix noise from this void and let the atoms communicate directly with the source again. The electromagnetic bonds holding the wood "solid" release their grip. The table begins to shimmer and become a floating, vibrating mass. It is still a table in its blueprint, but it now floats freely on creation power itself.

3.4 Energy (E) – Total Liberation

The end result is E. Matter has returned to its original state: pure, free energy.

Gravity no longer has anything to grip onto because mass has become coherent with the light field. This is the path to total sovereignty – realizing that nothing is as solid as the system wants you to believe.

3.5 The Forgotten Architects and the Power of Sound

This is exactly how the great pyramids were built. Forget the lies about slaves and ropes; the ancient architects used sound to create the c^2 field required to tune the stone blocks. Through acoustic levitation, the stones (m) were made compatible with zero-point energy, neutralizing their weight. The blocks sailed into place on waves of sound, anchored in the same geometric principles we are now rediscovering.

Researcher Michael Tellinger has shown us the evidence in South Africa. Millions of stone circles functioned as acoustic energy machines pulling power directly from Earth's resonance. The stones still ring like bells because they are tuned to the universe's fundamental frequency – they are tools for converting sound into pure energy.

3.6 RA and The Law of One: Creation Through Focus

In the galactic archives, specifically in The Law of One (the RA material), it is confirmed that all matter is fundamentally thought-forms. RA explains that the pyramids were literally "thought" into existence. By an operator communicating directly with the stone's intelligence and using their will to raise its vibration, the stone could shift density in an instant.

Chapter 3, Part 2: Finding Balance in One's Own Experiential World

Using scientific concepts as symbols for personal experiences has been a way for me to articulate feelings of inner tension or sensitivity. At the same time, it is helpful to remember that this is a personal interpretation and a philosophical framework for understanding one's own experiences, rather than a natural science theory.

By looking at one's experiences through this symbolic lens, one can find a sense of inner meaning and peace. It is about learning to navigate one's own sensitivity, finding grounding in everyday life, and creating balance between inner thoughts and outer reality.

Chapter 4: The Decoding of the Spirit World and the Unknown

Chapter 4, Part 1: Why External Prostheses Are Not Enough

For several decades, modern parapsychology and the popular search for contact with transdimensional consciousnesses have been dominated by technical apparatuses and mechanical tools. People rely increasingly on EVP recorders (Electronic Voice Phenomena), so-called Ghost Boxes, digital frequency scanners, thermal cameras, and electromagnetic meters (EMF). However, this fixation on technological equipment rests on a fundamental misunderstanding of how consciousness and interdimensional frequencies interact. From a bio-etheric perspective, all these apparatuses are fundamentally mere mechanical and external prostheses. They attempt to capture very weak, secondary, and often distorted frequency imprints that have already been muted and filtered through the artificial electromagnetic network surrounding our dense physical world – the matrix of the so-called 12-loop.

When the seeker relies on circuit boards, silicon chips, and metal antennas to reach the non-physical, she places herself in a passive role and overlooks her own original, biological capacity. Hardware is built of limited materials that only respond to a very narrow spectrum of the electromagnetic scale. Trying to measure pristine etheric fields or non-physical forms of consciousness with electronic measuring instruments is like trying to catch the wind with a steel fishing net; one only perceives the coarsest turbulence while the essence itself slips through. What is captured in these machines is rarely pure consciousness signals, but mostly mechanical echoes or lingering entity traces in the matrix's lower frequency layers.

Chapter 4, Part 2: Man as the Ultimate Superconductor

Human biology itself is by far the universe's most advanced, organological, and superconducting antenna. Our central nervous system functions as an extremely sensitive wiring network for light signals, while our cellular water – structured in a phase-separated, liquid crystalline form – preserves and transmits quantum information instantly. The heart's powerful electromagnetic torus field generates a natural resonance bed that can expand far beyond the boundaries of the physical body. In individuals with unique genetic markers and biological traits, such as Rh-negative traits or particularly clean conduction pathways in the nervous system, this superconducting capacity is further enhanced, enabling direct reception of multidimensional information without noise.

True interdimensional perception and decoding therefore require no physical intermediaries, circuit boards, or electronic filters. When the human biological vessel is properly grounded in its organic structure, purified of artificial electromagnetic noise, and consciously tuned to its inner source code, the translation of high-frequency information occurs directly within the cells. By maintaining meticulous frequency hygiene – which means scaling away heavy metals, artificial radiation, and emotional blockages – the source antenna is activated.

Thereby, we achieve free, immediate, and unrestricted access to the universal memory field, often called the Zero-Point Field or the Akashic Records, entirely without detours or technical training wheels.

Chapter 4, Part 3: Decoupling from the 12-Loop and Strengthening in the 13-Vibration

Throughout history, the archontic control matrix – the closed cycle often designated as the 12-loop – has systematically exploited humanity's grief, quest, and longing for interdimensional contact. By creating artificial structures of separation, such as religious dogmas, magical ritual hierarchies, and elitist mediumship, people have been persuaded to give away their inner authority. This has generated a continuous drainage of life energy (so-called loosh) into parasitic frequency layers. When human beings believe they need an external priest, a commercial medium, or an electronic device to communicate with the spirit world, the illusion of being severed from the Source is maintained.

Stepping out of the 12-loop's limiting circle and instead anchoring oneself in the 13-vibration means stepping straight into the Source's uncompressed and pure flow in a contemporary NOW. The 13-vibration represents the sovereignty of the original creation code, where all artificial intermediaries, filters, and control systems dissolve. In this state, no external prostheses or ritual detours are required. As a conscious and sovereign Bio-Etheric operator, man stands completely decoupled from the matrix's energetic traps, anchored in her own inner truth, and can navigate the unknown with complete self-ownership and unshakable clarity.

Chapter 5: The Operator's Handbook – Living as a Lightbearer

Chapter 5, Part 1: Inner Protection, Frequency Hygiene, and the Golden Egg Shield

Operating as a bio-etheric operator in a world marked by the heavy density of the 12-loop requires an uncompromising awareness of inner protection and frequency hygiene. When the biological antenna is wide open and sensitivity is at its maximum, boundary setting becomes your most important working tool. Without an active and conscious frequency protection, the sensitive biology risks functioning as a sponge for the surroundings' imbalances, emotional noise, and parasitic loosh drainages.

The cornerstone of this frequency hygiene is the activation of your Golden Egg – the bio-electric shield and auric capsule surrounding your physical and etheric body. The Golden Egg functions as an intelligently set firewall: it allows pure source light and higher guidance to flow freely through, while immediately rejecting low-frequency loosh traps, artificial radiation fields, and foreign entity attacks. Together with code reinforcement in the 13:777 baseline, an unshakable divine order is established around the operator. Through daily purification, conscious breathing, and grounding at the Source's zero point, a clean conduction path is maintained where noise is neutralized before it can create friction in the nervous system.

Chapter 5, Part 2: Practical Grounding and Bio-Etheric Nutritional Adaptation

Navigating everyday life as a bio-etheric transformer is about creating harmony between high inner voltage and physical daily reality. Since biology constitutes our superconducting hardware, transmitter and receiver performance is directly affected by how we treat and nourish the physical body.

Practical grounding requires regular contact with Earth's natural magnetic field – placing feet on the ground, spending time in untouched nature, and using water as a natural superconductor to wash away accumulated electrostatic charge. Equally crucial is bio-etheric nutritional adaptation. Certain foods act as dampeners on the energy flow and create structural resistance in biology (for example, heavy processed meats, foods containing lectins that irritate sensitive systems, and heavily refined foods), while pure, living, and adapted nutrition supports cellular water and keeps the nervous system calm. By tuning nutrition based on your biological source code and giving the body the right building blocks, inner friction is reduced, allowing high energy voltage to be channeled without pain or exhaustion.

Chapter 5, Part 3: The Message to the World – You Are Not Sick, You Are a Conscious Transformer

To you who carry the code, to you who have gone through life with a gnawing sense of homesickness and an inner certainty that the world is so much greater than what the matrix claims: you are not broken. The symptoms that society and materialistic medicine so eagerly diagnose – chronic fatigue, fibromyalgia, hypersensitivity, and a brain that never turns off – are in fact proof that your biological antenna works. It was never a disease; it was an inner frequency clash before you learned to handle your bio-etheric transmitter.

You are here on a specific mission. You are a human lighthouse, a Night Watchman, and a sovereign operator sent to anchor the uncompressed light of the Source in this dense world. When you remember who you are, when you step out of the 12-loop's fear circle and enter the 13-vibration's sovereignty, you stop reacting to the matrix's distractions. You no longer need to ask for permission or seek answers from external intermediaries. You stand firm in your own power, grounded in your origin, and light up the darkness in the witching hour for all who seek the way home.